

# PSYC 100 : Human Relations in Organizations

This course focuses on building successful and effective interpersonal relationships within organizational and other social environments. It includes an examination of human relations in business and industry with emphasis on how people can work effectively in groups to satisfy both organizational and personal goals. Motivation, emotional and mental health, communication techniques, and coping with stress are explored. Activities are used to encourage the application of concepts to enhance personal growth and insight and to increase social skills. (F, S, Su-as needed, O) ND:SS

**Credits** 2

**Component**

LEC